

The Lifespan Developmental Stage Model for Music Therapy Supervision : Overview, Construction and Case Presentations Bridging both Verbal and Musical Supervision strategies.

Limited resources for music therapy supervision and related training (Kennelly, 2022) led to the initial creation of an indigenous Lifespan Developmental Stage Model for Music Therapy Supervision (Goodman, 2023), composed of six fluid developmental stages for both supervisee and supervisor responsive to each other through both verbal and musical supervision strategies.

In the first portion of this workshop, the presentation of this supervision model will consider the current status of music therapy supervision (i.e. US and Europe) and the research questions which led to qualitative research (Goodman, 2023) bridging not only counseling (i.e. Ronnestad and Skovholt, 2013) and music therapy literature but further incorporating the IPA analysis of interviews with six senior music therapy supervisors from five countries.

In order to demonstrate the use of the model, three presenter case studies (representative of different clientele, developmental stages and theoretical orientations) will precede the closing portion of the workshop where participants will be invited to present their own casework. Suggestions for composing future bio fiction case material to familiarize yourself with the model will also be presented.

The workshop is suggested for music therapists, educators and researchers who have or will receive, provide or teach supervision as well as representatives from the EMTC task force for clinical supervision. As a metamodel, the Lifespan Developmental Stage Model for Music Therapy Supervision will suit practitioners from multiple theoretical perspectives and is therefore eminently practical as a tool.

References

- Goodman, K. (2023) *The Music Therapy Supervisor: Developmental Perspectives*. Aalborg University Press.
- Kennelly, Jeanette (2013). *Sights, sounds and feelings: The views, experiences and practices regarding professional supervision for Australian-based music therapists*. The University of Queensland.
- Rønnestad, M. H., & Skovholt, T. M. (2013). *The developing practitioner: Growth and stagnation of therapists and counselors*. Routledge

IMPORTANT NOTES:

- This workshop will be presented online only, 12-4:30 , local time, Hamburg, Germany, July 23, 2025. No fee. Ten-fifteen minutes breaks as necessary. Zoom link below.
- Kindly contact the presenter, Professor/Dr Goodman by June 30, 2025 to sign up for the workshop: goodmank@montclair.edu
- karendgoodmanconsulting.com

Karen Goodman has invited you to a scheduled Zoom meeting.

Topic: Pre-Conference , EMTC: Developmental Stage Model for Music Therapy Supervision

Time: Jul 23, 2025 12:00 PM Amsterdam, Berlin, Rome, Stockholm, Vienna

Join from PC, Mac, Linux, iOS or Android: <https://montclair.zoom.us/j/87878966023>

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