

## **The Lifespan Developmental Stage Model for Music Therapy Supervision : Overview, Construction and Case Presentations Bridging both Verbal and Musical Supervision strategies.**

Limited resources for music therapy supervision and related training (Kennelly, 2022) led to the initial creation of an indigenous Lifespan Developmental Stage Model for Music Therapy Supervision (Goodman, 2023), composed of six fluid developmental stages for both supervisee and supervisor responsive to each other through both verbal and musical supervision strategies.

In the first three hours of this workshop, the presentation of this supervision model will consider the current status of music therapy supervision (i.e. US and Europe) and the research questions which led to qualitative research (Goodman, 2023) bridging not only counseling (i.e. Ronnestad and Skovholt, 2013) and music therapy literature but further incorporating the IPA analysis of interviews with six senior music therapy supervisors from five countries.

In order to demonstrate the use of the model, three presenter case studies (representative of different clientele, developmental stages and theoretical orientations) will precede the second two hours of the workshop where participants will be invited to present their own casework as well as spontaneously compose bio fiction case material and discuss these in context of the model.

The workshop is suggested for music therapists, educators and researchers who have or will receive, provide or teach supervision as well as representatives from the EMTC task force for clinical supervision. As a metamodel, the Lifespan Developmental Stage Model for Music Therapy Supervision will suit practitioners from multiple theoretical perspectives and is therefore eminently practical as a tool.

### References

Goodman, K. (2023) *The Music Therapy Supervisor : Developmental Perspectives*. Aalborg University Press.

Kennelly, Jeanette (2013). *Sights, sounds and feelings: The views, experiences and practices regarding professional supervision for Australian-based music therapists*. The University of Queensland.

Rønnestad, M. H., & Skovholt, T. M. (2013). *The developing practitioner: Growth and stagnation of therapists and counselors*. Routledge